

Village Green Apothecary Invites You to a  
Special Open Evening Presentation & Discussion...



VillageGreen  
Apothecary

## **Approaches for Anxiety, Moodiness & Depression – Non-Medications & Understanding Biochemical Imbalances**

**Monday, December 5, 2011  
7:00 - 8:30 p.m.**

**Presenters: Albert Mensah, MD, & Judith Bowman, MD**

**Location: Bethesda Green**  
(2nd floor of Capital One Bank)  
4825 Cordell Avenue, Suite 200  
Bethesda, MD

**FREE!**

While medications are often the first-line treatment for anxiety, fear, moodiness, and depression issues, they can cause side effects or be insufficient for managing the symptoms. Join us for an open evening discussion with physician-specialists and guest presenters from Mensah Medical – Albert Mensah, MD, and Judith Bowman, MD. Learn more about how these issues can be related to a biochemical imbalance and how targeted, individualized nutrient therapy provides a healthier and effective alternative. This discussion will also cover evidenced based research and biochemistry rationale. Interaction and questions by members of the audience are encouraged.

***About Mensah Medical:** Answering the need for specialists with backgrounds in both traditional and natural medicine, Drs. Mensah and Bowman co-founded Mensah Medical near Chicago, IL. Both family practice physicians have undergone extensive training by William J. Walsh, PhD, founder of the former and original Pfeiffer Treatment Center and Health Research Institute – where they also served as staff physicians. Patients come from all over the world to be seen by Drs. Mensah and Bowman at their Main Clinic near Chicago, IL, and at U.S. Outreach Clinics near San Francisco and Los Angeles, and in Scottsdale, Arizona and Annapolis, MD. Drs. Mensah and Bowman regularly consult with physicians, psychiatrists, psychologists, social workers and other health care professionals, and lead annual physician training in orthomolecular medicine in Sydney, Australia.*

**Space is limited. Please let us know you're coming  
so that we can reserve your place.**

Sign-up at the store, call 301-530-0800 or email [margaret@myvillagegreen.com](mailto:margaret@myvillagegreen.com).

The first 25 people to sign up and attend will receive a \$10 gift certificate to use at Village Green in January of 2012. Some free product samples and coupons will also be available during the evening.

Village Green Apothecary | 5415 W. Cedar Lane | Bethesda, MD 20814 | 301-530-0800